

Who is a Good Candidate for Use of Semaglutide for Weight Loss?

Semaglutide for weight loss is intended for use by individuals who are obese or overweight. A diagnosis of obesity is usually made with a BMI of greater than 30 while an overweight diagnosis is made with a BMI of greater than 27.

In addition to a diagnosis of obesity or overweight, there also must be at least one weight-related medical condition present. Weight-related medical conditions include high blood pressure, high cholesterol or Type 2 Diabetes.

While semaglutide is safe to use, it is not intended for use if you have any of the following:

- **Family history of Medullary Thyroid Carcinoma (MTC) - a rare form of thyroid cancer**
- **Multiple Endocrine Neoplasia Syndrome Type 2**
- **Known allergy to semaglutide**
- **Currently pregnant, breastfeeding or have a plan to breastfeed**

The best way to determine if you are a good candidate for the use of semaglutide for weight loss is to schedule a consultation at Wellness IV Therapy and Spa. Our initial consultation is free and we can help you determine if you could benefit from using our semaglutide program.

Are There Side Effects from Using Semaglutide for Weight Loss?

Considering that semaglutide works directly with the gastrointestinal system, it is no surprise that the most common side effects are gastrointestinal in nature. Some of the most common side effects experienced by those who use semaglutide for weight loss include:

- **Nausea**
- **Heartburn**
- **Vomiting**
- **Constipation**
- **Stomach pain**
- **Gas**
- **Diarrhea**

Even though there are some side effects with the use of semaglutide, it is still extremely safe to use for weight loss. In fact, it has fewer side effects than other weight loss medications available on the market.

Our weekly monitoring also helps control side effects. We start you out at a low dosage and slowly increase it over time. If you experience side effects, the team at Wellness IV Therapy and Spa can adjust the dosing as needed.

While side effects from semaglutide are rare, they can still happen. Your comfort is important to us, which is why our team administers Zofran when needed to help with nausea..



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Semaglutide Weight Loss

It has been a long time, 2014 to be exact, since a new weight loss drug has hit the market, but help for individuals struggling to lose weight has finally arrived. The U.S. Food and Drug Administration (FDA) approved in June 2021 the use of semaglutide for weight loss.

Since its approval, thousands of people have seen amazing results with the use of this promising new weight loss drug and now it is your turn. Wellness IV Therapy and Spa now offers a semaglutide program that is known for producing amazing weight loss results with minimal side effects.

Curious to see exactly how this new drug is changing how people approach weight management and if it might be right for you? Continue reading to learn more about semaglutide and how it is used as part of a weight loss and weight management program.

What is Semaglutide?

If semaglutide sounds familiar, that is because, before it was approved for use for long-term weight management, it was the active ingredient in medications used to treat Type 2 Diabetes. In 2017, Ozempic, an injectable medication with the main ingredient of semaglutide, was approved by the FDA for treatment of Type 2 Diabetes. It was followed in 2019 by the approval of Rybelus, an oral pill with the main ingredient of semaglutide for Type 2 Diabetes.

People began to notice that while Ozempic and Rybelus increased insulin production by stimulating the pancreas, which helped to lower blood sugar levels, it had another unexpected side effect – weight loss.

After conducting numerous clinical studies, the manufacturers of Ozempic and Rybelus, Novo Nordisk, created a new drug known as Wegovy which uses semaglutide for weight loss. In 2021, this revolutionary weight loss medication gained FDA approval and has since helped thousands of people lose weight.

Just how much weight have people lost with the use of semaglutide? Clinical studies showed that many people were able to lose 15% to 20% of their starting weight with the use of semaglutide.

How Does Semaglutide Work for Weight Loss?

Semaglutide is a glucagon-like peptide 1 agonist. It is commonly known by its much shorter name of GLP-1 agonist. GLP-1 is a natural hormone that is produced by the gastrointestinal system to help with insulin production by stimulating the pancreas, but it can also help signal to the brain a feeling of fullness.

Semaglutide is designed to mimic the natural hormone of GLP-1. When it is consumed or injected, the body reacts to it as if it naturally produced the GLP-1.

Semaglutide for weight loss slows the emptying of the stomach by binding to the receptors that are located in the lining of the stomach. The slower emptying of the stomach sends a signal of fullness to the brain. This helps reduce your food intake and decreases your appetite, two things that are necessary for weight loss, because you feel full and are less likely to want to eat.

By combining insulin production, which encourages the body to break down foods and fats more efficiently, with the feeling of fullness that comes from the slower emptying of the stomach, you can see dramatic weight loss results with the use of semaglutide.

How is Semaglutide Administered for Weight Loss?

When using semaglutide for weight loss or weight management, it can only be administered as an injection. The injection is administered on a weekly basis. You will be closely monitored by our team who will help you determine a dosage that will help you achieve the best results. Since semaglutide does not help increase energy or boost metabolism, we recommend pairing it with lipotropic injections (lipo-B).